

# THE RETIREMENT CONTINUUM™

Getting Ready to Retire	Retiring & Soon After	Living in Retirement	Later Life Issues
<b>Quality of Life Issues</b>			
<p><b>Visualizing Retirement</b></p> <ul style="list-style-type: none"> <li>•Setting Goals &amp; Benchmarks</li> </ul> <p><b>Emotions</b></p> <ul style="list-style-type: none"> <li>•Hope &amp; Anticipation</li> <li>•Fear and Sadness</li> <li>•Excitement about the future</li> </ul> <p><b>Do I have enough money?</b></p> <ul style="list-style-type: none"> <li>•What will I do? Where will I live?</li> <li>•Hobbies &amp; Interests</li> </ul> <p><b>Health – Facing Reality</b></p>	<p><b>Who Am I Now?</b></p> <ul style="list-style-type: none"> <li>•Depression/Death/Divorce: Real Risks</li> <li>•Discovering a New You</li> </ul> <p><b>Health &amp; Fitness Issues</b></p> <p><b>Hobbies/Interests</b></p> <ul style="list-style-type: none"> <li>•Travel?</li> <li>•2d Career?</li> <li>•Consulting?</li> <li>•Volunteering?</li> <li>•Bucket List</li> </ul> <p><b>Relationships and Family</b></p>	<p><b>Life's New Meaning</b></p> <ul style="list-style-type: none"> <li>•Reality has set in</li> <li>•Career a Distant Memory</li> <li>•New Social Circles &amp; Friends</li> </ul> <p><b>Family, Health, Spirituality</b></p> <ul style="list-style-type: none"> <li>•Getting Back in Touch</li> <li>•Mending Fences</li> <li>•Role: Grand/Great Grandparents</li> <li>•Church: Often Increasing Role</li> <li>•Sudden/Unexpected Health Issues</li> </ul>	<p><b>Maintaining Independence</b></p> <ul style="list-style-type: none"> <li>•Aging in Place</li> <li>•Driving</li> <li>•Exercise, Hobbies &amp; Interests</li> <li>•Home Safety Modifications</li> <li>•Prevention of Injuries is Critical</li> <li>•Home and Community Based Care</li> <li>•Age-Based Health Issues</li> <li>•Age-Based Dementias</li> </ul> <p><b>Family, Health, Spirituality</b></p> <ul style="list-style-type: none"> <li>•Loss of Spouse, Friends</li> </ul>
<b>Quantitative (Financial Planning) Issues</b>			
<p><b>Expense &amp; Budgeting</b></p> <ul style="list-style-type: none"> <li>•Forecasting a Budget</li> <li>•Identifying Debt Payoffs</li> <li>•Plan for Loss of Benefits</li> <li>•Misc. Needs – College, Family</li> <li>•Inflation Forecasting</li> </ul> <p><b>Income Planning</b></p> <ul style="list-style-type: none"> <li>•Pension and Survivor Options</li> <li>•Social Security/RR Retirement</li> <li>•Royalties, Rents &amp; Other Income</li> <li>•Account Consolidations</li> <li>•Portfolio Design &amp; Construction</li> </ul> <p><b>One - Time Events</b></p> <ul style="list-style-type: none"> <li>•Business Sales, Liquidity Events</li> </ul>	<p><b>‘Retirement Event’ Execution</b></p> <ul style="list-style-type: none"> <li>•Choose Pension Options</li> <li>•Survivor Planning (replace pension?)</li> <li>•Execute Social Security Strategies</li> <li>•401(k) &amp; Ret Plan Rollovers</li> <li>•Employee Benefits Replaced</li> <li>•Begin Tax mitigation strategies</li> <li>•Begin Living New Cash Flow Model</li> <li>•Experience Retirement Portfolios</li> <li>•Parent/Extended Family Support?</li> </ul> <p><b>One - Time Events</b></p> <ul style="list-style-type: none"> <li>•Execute Business Sales</li> <li>•Receive Def Comps, Stock/Plan, etc</li> </ul>	<p><b>Cash Flow Management</b></p> <ul style="list-style-type: none"> <li>•Withdrawal Planning Strategies</li> <li>•Unplanned Expenses</li> <li>•Unforeseen Health Issues</li> <li>•Inflation &amp; Market Impacts</li> <li>•Medicare &amp; Supplements</li> <li>•Revisit Social Security Strategies</li> </ul> <p><b>Portfolio Management</b></p> <ul style="list-style-type: none"> <li>•Income Needs May Increase</li> <li>•Longevity Risk &amp; Inflation</li> <li>•More Conservative Risk Tolerance</li> <li>•Required IRA Withdrawals</li> <li>•Effective Spend-down Strategies</li> </ul> <p><b>Tax Mitigation Now a Priority</b></p>	<p><b>Rising Medical Costs</b></p> <ul style="list-style-type: none"> <li>•Medicare Supplements</li> <li>•Long-Term Care Costs</li> <li>•Veteran’s Benefits?</li> </ul> <p><b>Compounded Inflation Impacts</b></p> <p><b>Survivor Planning</b></p> <ul style="list-style-type: none"> <li>•Execute/Experience Survivor Plan</li> </ul> <p><b>Estate Planning</b></p> <ul style="list-style-type: none"> <li>•Estate &amp; Gift Tax Minimization</li> <li>•Legacy Planning</li> <li>•Gifting Strategies</li> <li>•Philanthropy</li> </ul> <p><b>IRA – Required Minimum Distributions</b></p>
<b>Who Can Help?</b>			
<p><b>Professionals:</b> Retirement Planning Specialists, CFP, CPA, HR, Insurance Specialists, Business Brokers, Business &amp; Estate Planning Attorneys</p>	<p><b>Professionals:</b> Life Coaches, Pastors, Support Groups, CFP, CPA, Business Brokers, Business &amp; Estate Planning Attorneys</p> <p style="text-align: center;">PARAGON Wealth Strategies, LLC <a href="http://www.WealthGuards.com">www.WealthGuards.com</a></p>	<p><b>Professionals:</b> CFP, CRPC, CPA Counselors, Pastors, Medicare Supplement Specialists, Medical Specialists</p>	<p><b>Professionals:</b> CFP, CASL, CPA, LTC Specialists, Home Care Providers, Estate Planning Attorneys, Pastors, Home Modification Specialists, Senior Movers</p>